



# Blackfen School for Girls

Raising aspirations - releasing potential



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[www.blackfenschoolforgirls.co.uk](http://www.blackfenschoolforgirls.co.uk)

14<sup>th</sup> June 2024

## Headteacher's Message

Dear Parents and Carers,

Welcome back! I can't quite believe we are entering the final half term of the academic year. It's going to be an extremely busy one! As the year 11 and 13s finish their public exams, it's the turn of year 10 to take on their first full series of 'pre public exams'. This is an important experience for our year 10s, as they undertake full exam papers in the sports hall and performance space for the first time. The practice really helps reduce the nerves once we get to those important final exams in year 11. So, good luck year 10 - we're looking forward to seeing what you can do!

It's also the half term of year 10 and year 12 work experience, our final Challenge Day of the academic year and the two Discover Days in July. We believe these broader experiences are vital to develop our students' understanding of the wider world beyond school and that they play a significant role in our mission to raise aspirations and release potential. A huge thank you to our wider school community who have offered work experience placements and for the help you've given your children in finding placements.

As a staff, we are very much focused on getting prepared for next academic year. I am delighted to report that we are fully staffed for September, which in the midst of a recruitment crisis in teaching is fantastic news. Thank you so much to the staff that have assisted in recruitment and to your children, who have had our interview candidates teaching them lessons as part of our interview process. Their feedback is always insightful and constructive. We have also reviewed our pastoral structure; further information regarding this will be published in the newsletter and on the website shortly.

We hope all our students have a wonderful last half term of school.

**Carrie Senior**  
Head Teacher

# Health and Social Care students review of the year

## Year 12 Health and Social Care

After completing Health and Social Care at GCSE, I was very interested in a career in the health or social care sector, I felt this subject would give me a wealth of knowledge in the area and help me pursue career prospects.

In year 12 health and social care, we covered subjects like different illnesses and disease and the physical, intellectual, emotional and social factors within different life stages and events. When learning this content, I did find it challenging, however we were provided with support from the teacher, in which she encouraged us to ask any questions. We were provided with many past exam papers in which we could improve our exam technique with the feedback given. Additionally, Miss Morris encouraged us to carry out wider reading before every lesson to help us gain more of an understanding of each topic, so we can apply the knowledge to the exam. When completing the coursework there are plenty of module guides to follow and these guides you through the different expectations.

Throughout year 12 I was provided with a lot of support through the BTEC course and was encouraged to participate in courses and webinars in the health sector which helped me find out that I would like to go into paramedic science.

**Ellie Year 12H**

## Year 10 Health and Social Care

One of my favourite subjects is health and social care. I really enjoy learning about the different aspects of health and how there are many things that get affected by one disease or condition.

At the beginning of year 10 we focused of coursework where we wrote about a case study and explained different aspects of the health conditions the case study had experienced. Completing coursework was fun and completely different to work done in lower school.

**Louisa Year 10 R3**

I have thoroughly enjoyed doing health and social care in year 10 as we started the year by doing our two units of coursework, focusing on case studies about human development and care services which was a challenging but enjoyable change compared to other subjects. We are now looking at unit 3 which involves a range of factors in health and wellbeing but has definitely been the most interesting to learn about.

Overall, although health and social care can be very content filled at times. It is an interesting subject and a great opportunity to learn about how health can affect many people's lives.

**Emilia Year 10 B3**

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## Elevate

Dear Parents,

We're excited to announce that Elevate Education will be hosting their next parent webinar on **stress and wellbeing** on June 18th.

Elevate works with our students, delivering high-impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their webinar series, you'll learn **how you can help support your**

child at home by reinforcing the skills they're learning at school.

Sign up for the session below to learn how you can **help your child to manage their stress levels in the run-up to exams.**

## How to Help Your Child Alleviate Stress

**Tuesday 18th June 6:00-7:00pm (GMT)**

[Click here to register for free](#)

Here's what Elevate will be covering on the night:

- ✓ How you can identify early signs of stress in your child
- ✓ Practical techniques to help your child manage their stress levels
- ✓ How you can maintain a dialogue with your child about their mental wellbeing

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## Year 10 Future Frontiers Mentoring Programme



The Future Frontiers Programme was a helpful, encouraging and interactive career journey. Fifteen students in Year 10 were given this amazing opportunity to partake in. During our four sessions we were paired with a mentor that helped guide us towards our future career paths.

In the 1st session we introduced ourselves and got to know the mentors. We then discussed our strengths and weaknesses and how they play a role in our future career choices.

During the 2<sup>nd</sup> and 3<sup>rd</sup> sessions we researched different job sectors to see which ones were more suitable to us.

In the last session our mentors booked us a 1-2-1 call with someone from our desired career field. We got to ask them questions relating to their career and have a better understanding of the job. We had the opportunity to speak to someone from the career sector we were interested in which ranged from costume designers, social workers, law personnel to travel consultants.

After we had a graduation ceremony where we handed our mentors a thank you card and were given a certificate in return.

We feel that this experience helped us have a clear idea and understanding of our future and look forward to the rest of the programme. We want to show our gratitude to Mrs Smith, the SSO's, our mentors and Callum the organiser for guiding us through this empowering opportunity.

## **Jashwiny and Lolade – Year 10**

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### **Information and reminders for Parents**

#### **Mobile Phones and Airpods - a reminder to discuss with your child.**

No mobile phones or airpods should be seen in school **between 8.30am and 3pm** – if you have these items with you, they should be switched off and kept in bottom of bag or zipped into blazer pocket.

If you are seen with your mobile phone/airpods, *whether or not you are using them*, they will be confiscated. If your phone is confiscated for a second time, a parent will have to come and pick it up

#### **You will not get a warning (other than this one).**

Reminder of sanctions:

- Phone confiscated - B2
- Has to be referred to senior member of staff for confiscation- B3
- Still refuses – B4

#### **Parking and drop offs on school site**

Please may we remind parents that there is no parking on the school site. This also includes coming onto site to drop off students or items they have forgotten. Parking will need to be off site and parents can drop items at the reception by pressing the buzzer at the pedestrian entrance.

#### **Ivison Trust Parent Session**

Please see attached a copy of a flyer for parents to access a free online parent and carer webinar on how to spot the signs of County Lines/Grooming/Exploitation.

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(answers next time)

## NUMBER FILL IN PUZZLE 1

Work out which of the numbers goes in each space in the puzzle below.  
One of the numbers has been done for you.

				4	2	0	3	5	8
	7								
	2								
	5								
	6					6	5	9	
	9								
	2								

3 DIGITS	4 DIGITS	5 DIGITS	6 DIGITS
143	2619	19076	210496
267	3580	20537	<del>420358</del>
468	6034	32706	<del>725692</del>
<del>659</del>	7129	41037	
748	7519	41853	
946	9256	58321	
		84192	

### Last puzzle answers:

#### Challenge 1

Find pairs of numbers that add up to 10.

Try to find 6 different pairs.

3.2+6.8    1.9+8.1    5.4+4.6    0.7+9.3    2.6+7.4

4.2+5.8

#### Challenge 2

Try to find sets of 3 numbers that add up to make 10.

Try to find 3 different answers.

3.2+4.2+2.6    4.6+3.5+1.9    5.8+0.7+3.5

3.2+1.4+5.4    1.9+0.7+7.4

Mrs Julie Tregenna  
Numeracy Coordinator  
Maths Faculty

## DATES FOR YOUR DIARY

Events Scheduled so far

DATE	EVENT
Tuesday 18 <sup>th</sup> June 2024	Carnegie School visit
Thursday 20 – Friday 21 <sup>st</sup> June	Year 12 Trip to Eastbourne
Monday 24 <sup>th</sup> June 2024	Year 12 Induction Day
Wednesday 26 <sup>th</sup> June 2024	Year 8 HPV immunisation catchups
Thursday 27 <sup>th</sup> June 2024	Challenge Day 3
Tuesday 2 <sup>nd</sup> July 2024	Year 6 Induction Day Year 6 Parents Induction Evening
Monday 8 <sup>th</sup> July 2024	Year 8/9 immunisation catchups
Monday 8 <sup>th</sup> – Monday 15 <sup>th</sup> July 2024	Celebration Presentations
8 <sup>th</sup> – 19 <sup>th</sup> July 2024	Year 10 Work Experience
Thursday 11 <sup>th</sup> July 2024	Sports Day
Wednesday 17 <sup>th</sup> & Thursday 18 <sup>th</sup> July 2024	Discover Days
Friday 19 <sup>th</sup> July 2024	Last Day of Term – early finish