

**Year 12 Summer Homework 2017**

**Unit 2- Developing Skills and Techniques for Live Performance**



Name.....

**Outline of Task 1 (Independent Learning and Research)**

Create a detailed presentation that looks into:

1. What makes a good performance?
2. What makes a good performer?

(You can use PowerPoint, prezi or any other programme that will help you present)

You need to research into a chosen dance choreographer and study the works that they have created or have been involved in.

Your presentation should be detailed and include:

- A case study about the choreographer (who are they, what have they done, where did they train, what is their choreographic style of dance etc.)
- Examples of professional works they have created
- A chosen professional work that you have decided to look further into. Use video extracts to give examples (You will find lots of things on Youtube)
- Descriptions of why the chosen professional work makes a good performance (think about dance skills-technical, physical and interpretive)
- The choreographers personal skills and qualities
- What makes them a successful performer

When you start sixth form in September you will be presenting this work back to the class and discussing your findings.

### **Outline of Task 2 (SMART Target Setting)**

Once you have completed your presentation you need to set yourself 3 'Long Term SMART Targets' aimed at improving you as a performer and choreographer.

SMART stands for:

S- specific

M- measurable

A- achievable

R- realistic

T- time

The targets should be 'Long Term' so something that will take some time and effort to achieve. They should be linked to dance skills such as; flexibility, timing, strength, stamina, posture, alignment etc.

<b>SMART TARGETS - Long Term target no. 1</b>		
Specific	EXACTLY what is it you want to achieve (state: which, who, what, where, when, why,)	I need to improve on.....
Measurable	How will you demonstrate that your target has been met?	I will measure this by....
Achievable	How will you ensure this is in your ability? Are there specific resources that can assist you? Can it be done at all?	This will be achievable by....
Realistic	It should be challenging but realistic. Why/how is it realistic?	This is a realistic target because...
Time frame	Clearly specifies target dates, review dates. It will give a feasible deadline and a reason.	I want to increase on this skills within (insert time scale)....  Because....

<b>SMART TARGETS - Long Term target 2</b>		
Specific	EXACTLY what is it you want to achieve (state: which, who, what, where, when, why,)	I need to improve on....
Measurable	How will you demonstrate that your target has been met?	I will measure this by....
Achievable	How will you ensure this is in your ability? Are there specific resources that can assist you? Can it be done at all?	This will be achievable by....
Realistic	It should be challenging but realistic. Why/how is it realistic?	This is a realistic target because...
Time frame	Clearly specifies target dates, review dates. It will give a feasible deadline and a reason.	I want to increase on this skills within (insert time scale)....  Because....

<b>SMART TARGETS - Long Term target 3</b>		
Specific	EXACTLY what is it you want to achieve (state: which, who, what, where, when, why,)	I need to improve on....
Measurable	How will you demonstrate that your target has been met?	I will measure this by....
Achievable	How will you ensure this is in your ability? Are there specific resources that can assist you? Can it be done at all?	This will be achievable by....
Realistic	It should be challenging but realistic. Why/how is it realistic?	This is a realistic target because...
Time frame	Clearly specifies target dates, review dates. It will give a feasible deadline and a reason.	I want to increase on this skills within (insert time scale)....  Because....

